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#### TWENTY-FOUR HOUR TRACK RECORD ATTEMPT.

An attempt will be made on the Twenty-four hour Track Record at Motspur Park Track commencing at 11.00 a.m. on Friday the 20th November and hence finishing at 11.00 a.m. on the following day, Saturday the 21st November.

This event has been arranged at short notice to enable our distinguished South African visitor, Wally Hayward, to attempt to set up figures on the track under record conditions. Hayward has postponed his return home after the Bath Road 100 by a month in order to do this.

It has fallen upon the R.R.C. to stage this event on Hayward's behalf and every effort is being made to do this in accordance with our reputation for efficient organisation. Arrangements are well in hand and it is expected that the R.R.C. fraternity will rally round in spite of such short notice. Recorders, timekeepers and other helpers will be required at all times of the day and night and offers of help should be sent to our Hon. Secretary, Ernest Neville, at once please.

The starting time has been advanced to 11.00 a.m. to take advantage of the B.B.C. time signal.

A few selected members of the R.R.C. will contest Hayward's supremacy.

There are as yet no World records above 15 miles or 30,000 metres (18... miles) on the track which are recognised by the I.A.A.F. nor are there any British records at greater distances than 15 miles (1hr. 20m. 4.6s - Appleby 1902). The greatest distance recognised as an English Native record is the 50 miles made by Derek Reynolds last December (5hrs. 30m. 22.4s.). Some rapid research has, however, shown the following performances: -

Amateur: -	60 miles.	Davies 1880.	8hrs 23m. 30s.
	100 miles	Hatch 1909.	16hrs 07m. 43s. (Chicago).

Professional: - 24 hours      Newton 1931      152 miles 540 yards. (Indoor Track, Hamilton, Canada).

We wish all runners favourable weather conditions. What is your guess as to how many miles Wally Hayward will run?

There will be a Buffet at the ground at which food may be purchased.

ERNEST NEVILLE writes as follows:-

"The organisation of a 24 hours race involves the recording of the time of each Competitor at the end of each lap. We shall find it very difficult to provide Recorders from 11.00 a.m. to 6.00 p.m. on Friday the 20th November. Will the Wives and Sweethearts of Members please volunteer as Recorders. The work is not difficult."

#### EVENING SOCIAL MEETING.

THURSDAY 10th DECEMBER, 1953 - 7.00 p.m. to 9.30 p.m.  
at PORTLAND HALL, POLYTECHNIC ANNEXE, LITTLE TITCHFIELD, LONDON, S.W.1.

This will be the occasion upon which Road Runners and their families may meet informally. We intend that this, the first meeting of the R.R.C., shall be a great success. You must come and bring your friends.

Films will be shown covering the London-Brighton race 1952 to the Bath Road 100 miles run, and we are looking forward to a pleasant and interesting evening amongst our friends.

Refreshments will not be served, as this will give members greater latitude in their arrangements.

Ladies and members of other Clubs will be welcomed. Just come along. There is no need to reply.

A charge of 2/- a head will be made to cover costs.

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#### COUNCIL MEETING.

The next Council Meeting will be held at the Southwark Tavern, Southwark Street near London Bridge at 6.30 p.m. on Friday December 4th.